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PRESS RELEASE

When H.C. Andersen's fairy tales become dinner

New cookbook unites fairy tales, art and the joy of food in sensory dinner dishes inspired by H.C. Andersen

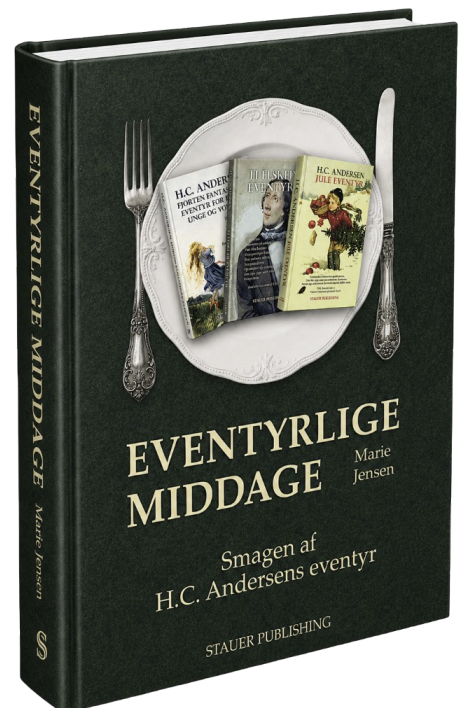
What does The Tinderbox taste like? What do you serve with The Little Mermaid? And can The Princess and the Pea become an elegant dinner plate?

The cookbook *Fairy-Tale Dinners. The Taste of H.C. Andersen's Fairy Tales* gives an imaginative and tasty answer to this. The book presents a series of main courses inspired by H.C. Andersen's immortal fairy tales – from “The Power of the Tinderbox” with braised beef, smoked mashed potatoes and herb sauce to “The Little Mermaid's Meal” with fried monkfish, mussel sauce, seaweed salad and roasted potatoes.

The book is based on the charming story of a secret drawer in an old chest of drawers, where a collection of recipes by the cook Marie Jensen appears. The recipes are dated 1964 and bear the mark of both literary insight and culinary imagination. Each dish interprets a fairy tale through taste, ingredients, colours and moods – so that the reader not only reads H.C. Andersen, but also has the opportunity to serve him at the dinner table.

Fairy-Tale Dinners is therefore more than a cookbook. It is a poetic journey into H.C. Andersen's universe, where food, imagination and visual art merge. Great emphasis has been placed on the book's visual side, which in itself should be able to tell stories and awaken curiosity. For this reason, works have been selected from both Danish and foreign artists, each with their own special eye for moods, details and storytelling.

The illustrations are matched to the fairy tales that the accompanying dishes are inspired by. They add a dimension to the book that reaches beyond the purely culinary, and give it a special visual identity that both surprises and inspires. At the same time, the images invite the reader to interpret the fairy-tale meals themselves –



not only as recipes that can be prepared, but as artistic expressions with which one can enter into dialogue.

In this way, the illustrations support the book's basic idea: that food is not only something we eat, but also something we experience with the senses, the imagination and the aesthetic gaze. The book opens up a freer and more personal interpretation of the fairy-tale universe, where one can allow oneself to be seduced by both the magic of taste and the magic of art.

Among the book's dishes are, among others:

- The Power of the Tinderbox – braised beef with smoked mashed potatoes and herb sauce
- Thumbelina's Spring Dream – whole-roasted quail with flowered pearl spelt and green asparagus
- The Princess's Perfect Meal – lamb fillet with pea purée, crushed potatoes and pea shoots
- The Emperor's Meal – butter-fried chicken breast with gold dust, saffron sauce and potato fondant
- The Ugly Duckling's Transformation Dish – duck breast with caramelised beetroot and orange sauce

With this book, H.C. Andersen's fairy tales are given new life in the kitchen. Here, literature becomes fragrance, taste and serving – and dinner becomes a story.

Facts (The book is in Danish)

Title: Fairy-Tale Dinners. The Taste of H.C. Andersen's Fairy Tales

Author: Marie Jensen

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Editor: Mag.art. Jens Staubrand

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Hardback

About the book cover: The cover of Fairy-Tale Dinners – The Taste of H.C. Andersen's Fairy Tales is based on an original idea by Jean Marie Guttermann. Through an elegant and symbolic composition, literature and gastronomy are united in a single visual expression: On a white plate, books about H.C. Andersen are served as an exquisite dish, surrounded by cutlery and set against a deep green background. The cover emphasizes the book's central idea – that H.C. Andersen's fairy tales can not only be read, but also experienced through taste, atmosphere, and sensuality. The simple yet powerful design creates an immediate connection between the world of fairy tales and the sense of community that surrounds a shared meal.

Press photo is available on our [website](#).

Kind regards,

Stauer Publishing / Jens Staubrand